

## **Mentoring the Mentors' Programme: Empowering Teachers to be More Effective Mentors**

*Nidhi Verma*

### **Abstract**

This article showcases the MMP – 'Mentoring the Mentors' Programme' of Sri Guru Nanak Dev Khalsa College, University of Delhi. An initiative of the IQAC, the programme aims to train teachers to become more effective mentors to their students. In today's dynamic times, the teacher is expected to don many hats, and this programme attempts to make teachers adept at handling the challenges presented in mentoring students. The article traces the origin and purpose of the 'Mentoring the Mentors' programme, and highlights the characteristic qualities that make it a unique enterprise. The factors that make it distinct from a typical student mentoring programme are also discussed. The manner in which sessions are conducted and themes decided upon is explained. The article also gives a brief overview of events organised in the past, and the future endeavours of the mentoring team.

**Keywords:** mentoring, teachers as mentors, best practices, holistic wellness, mentor-mentee relationships

### **Introduction**

While it is common for colleges to have mentor programmes through which teachers play the role of mentors to aid the students with various problems whether academic or personal, the MMP of Sri Guru Nanak Dev Khalsa College, University of Delhi, is unique in its attempt to reach out to mentor the teachers themselves and facilitate the interaction of teachers with students. Through these interactions, the teachers provide an interface where they can help solve those problems faced by the students which are beyond the curriculum. The mentoring